

**TABLE 9-11**  
UNITED STATES NUCLEAR REGULATORY  
COMMISSION GUIDE FOR PERMISSIBLE  
OCCUPATIONAL EXPOSURE TO RADIATION

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Body Part	Exposure (rem per calendar quarter)
Whole body	1.25
Skin of whole body	7.50
Head and trunk	1.25
Hands and forearm	18.75
Feet and ankles	18.75
Bone marrow and spleen	1.25
Lens	1.25
Gonads	1.25

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Source: Data modified from reference 123

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