

## ABBREVIATIONS AND ACRONYMS

25th ID: 25th Infantry Division Light  
5-HT1a: serotonin

### A

AA 77: American Airlines Flight 77  
AAA: animal-assisted activity  
AAR: after-action review  
AAS: American Association of Suicidology  
AAT: animal-assisted therapy  
ACE: Ask, Care, and Escort  
ACGME: American Council of Graduate Medical Education  
ACPHP: Army Campaign Plan for Health Promotion, Risk Reduction and Suicide Prevention  
ACR: Army Central Registry  
ACRM: American Congress of Rehabilitative Medicine  
ACS: Army Community Service  
ACU: Army combat uniform  
ADAPT: Alcohol and other Drug Abuse Prevention Training  
ADCO: Alcohol and Drug Control Officer  
ADHD: attention deficit hyperactivity disorder  
AFB: Air Force Base  
AFHSC: Armed Forces Health Surveillance Center  
AFIP: Armed Forces Institute of Pathology  
AFMAC: Adult Family Member Assistance Center  
AFME: Armed Forces Medical Examiner's Office  
AHEC: Area Health Education Center  
AIT: advanced individual training  
AKO: Army Knowledge Online  
AMEDD: Army Medical Department  
AMEDDC&S: Army Medical Department Center and School  
AN: anorexia nervosa  
AO: area of operations  
AOC: alteration of consciousness  
APA: American Psychiatric Association  
APA: American Psychological Association  
APOE/APOD: aerial point of embarkation/debarkation  
AR: Army Regulation  
ARNG: Army National Guard  
ARS: acute radiation sickness  
ARVN: Army of the Republic of Vietnam  
ASAM: American Society of Addiction Medicine  
ASAP: Army Substance Abuse Program  
ASD: acute stress disorder  
ASER: Army Suicide Event Report  
ASF: aeromedical staging facility  
ASIST: Applied Suicide Intervention Skills Training  
ASMB: area support medical battalion  
ASMC: area support medical company  
ASPP: Army Suicide Prevention Program  
ASPTF: Army Suicide Prevention Task Force  
AST: aspartate aminotransferase  
ASVAB: Armed Services Vocational Aptitude Battery  
ATM: automated teller machine  
AusAID: Australian Agency for International Development  
AW2: Army Wounded Warrior  
AWOL: absent without leave

### B

BAC: blood alcohol concentration  
BAMC: Brooke Army Medical Center  
BCT: brigade combat team  
BDE: brigade  
BDU: battle dress uniform  
BED: binge-eating disorder

BFG: British Forces Germany  
BH: behavioral health  
BHL: behavioral health liaison  
BHO: behavioral health officer  
BICEPS: brevity, immediacy, centrality, expectancy, proximity, and simplicity  
BKA: below-the-knee amputation  
BMI: body mass index  
BN: bulimia nervosa  
BRAC: Base Realignment and Closure  
BSC: behavioral science consultants  
BSHOP: Behavioral and Social Health Outcomes Program

### C

CAAC: Child and Adolescent Assistance Center  
CACO: casualty assistance call officer  
CanMEDS: Canadian Medical Education Directions for Specialists  
CAO: casualty assistance officer  
CAPS: Child and Adolescent Psychiatry Service  
CASF: contingency aeromedical staging facility  
CAST: Chaplain Annual Sustainment Training  
CBRN: chemical, biological, radiological, and nuclear  
CBRNE: chemical, biological, radiological, nuclear, and explosive  
CBT: cognitive-behavioral therapy  
CDC: Centers for Disease Control and Prevention  
CDT: carbohydrate deficient transferrin  
CED: critical event debriefing  
CENTCOM: Central Command  
CG/USARV: Commanding General, United States Army Republic of Vietnam  
CHCS: Composite Health Care System  
CHCS-ITT: Composite Health Care System-Interactive Training Tool  
CHE: complex humanitarian emergency  
CHPC: Community Health Promotion Council  
CHPPM: Center for Health Promotion and Preventive Medicine  
CID: Criminal Investigation Division  
CIP: command interest profile  
CIR: critical incident report  
CISD: critical incident stress debriefing  
CISM: critical incident stress management  
Civ: civilian  
CMAOC: Casualty and Mortuary Affairs Operation Center  
CMO: civil-military operations  
CMOC: civil-military operations center  
CNN: Cable News Network  
CO: Company  
COMT: catechol-o-methyltransferase  
COMUSMACV: Commander US Military Assistance Command, Vietnam  
CONUS: continental United States  
COSB: combat and operational stress behavior  
COSC: combat and operational stress control  
COSC-WARS: Combat/Operational Stress Control Workload Activity Reporting System  
COSFA: combat and operational stress first aid  
COSR: combat and operational stress reaction  
COSR/SR: combat and operational stress/staff resiliency  
COTA: certified occupational therapy assistant  
COX-2: cyclooxygenase-2  
CPIP: Clinical Psychology Internship Program  
CPT: cognitive processing therapy  
CQ: charge of quarters  
CRH: corticotropin-releasing hormone

CSC: combat stress control  
CSC: combat stress casualty  
CSC: combat stress control team  
CSF: cerebrospinal fluid  
CSF: Comprehensive Soldier Fitness  
CSH: combat support hospital  
CSR: combat stress reaction  
CT: cognitive therapy  
CT: computed tomography  
CY: calendar year  
CYP2D6: cytochrome p450 enzyme

## D

DA: Department of the Army  
DAI: diffuse axonal injury  
DAMIS: Drug and Alcohol Management Information System  
DCCS: deputy chief of clinical services  
DCMH: Department of Community Mental Health  
DCOE: Defense Centers of Excellence  
DCS: Deployment Cycle Support  
DCSP: Deployment Cycle Support Program  
DEROS: date of expected return from overseas  
DHC: Deployment Health Clinic  
DHEA: dehydroepiandrosterone  
DHHS: Department of Health and Human Services  
DIF: division internment facility  
DISCOM: Division Support Command  
DMH: division mental health  
DMHA: division mental health activity  
DMHS: defense mental health services  
DMHS: division mental health section  
DNA: deoxyribonucleic acid  
DNBI: disease nonbattle injury  
DoD: Department of Defense  
DoDSER: Department of Defense Suicide Event Report  
DoE: Department of Education  
DRRI: Deployment Risk and Resilience Inventory  
DSB: division support battalion  
DSCOT: doctorate of science in occupational therapy  
DSM: *Diagnostic and Statistical Manual of Mental Disorders*  
DSM-III: *Diagnostic and Statistical Manual of Mental Disorders*, 3rd edition  
DSM-III-R: *Diagnostic and Statistical Manual of Mental Disorders*, 3rd edition, revised  
DSM-IV: *Diagnostic and Statistical Manual of Mental Disorders*, 4th edition  
DSM-IV-TR: *Diagnostic and Statistical Manual of Mental Disorders*, 4th edition, text revision  
DSN: Defense Satellite Network  
DTI: diffusion tensor imaging  
DUI: driving under the influence  
DVA: Department of Veterans Affairs  
DVVIC: Defense and Veterans Brain Injury Center  
DWI: driving while intoxicated  
DWMCC: Deployed Warrior Medical Management Center

## E

ECT: electroconvulsant therapy  
EDNOS: eating disorder not otherwise specified  
EEG: electroencephalography  
EFMP: Exceptional Family Member Program  
EMDR: eye movement desensitization and reprocessing  
EMF: expeditionary medical facility  
EPA: Environmental Protection Agency  
EPICON: epidemiological consultation  
EPS: extrapyramidal symptom

ER: emergency room  
EtG: ethyl glucuronide  
ETOH: ethanol

## F

FAP: Family Advocacy Program  
FDA: Food and Drug Administration  
FEMA: Federal Emergency Management Agency  
FLAIR: fluid attenuated inversion recovery  
FM: Field Manual  
FMHT: field mental health team  
FOB: forward operating base  
FORSCOM: Forces Command  
FRAGO: fragmentary order  
FRG: family readiness group  
FSB: forward support battalion  
FSMC: forward support medical company

## G

G-3: operations  
G-5: civil-military operations officer  
GABA: gamma-amino butyric acid  
GAO: Government Accountability Office  
GCS: Glasgow Coma Scale  
GDP: gross domestic product  
GE: gradient echo  
GERD: gastroesophageal reflux disease  
GGT: gamma glutamyl transferase  
GI: government issue  
GKO: Guard Knowledge Online  
GME: graduate medical education  
GOAT: Galveston Orientation and Amnesia Test  
GPMRC: Global Patient Movement Requirements Center  
GSA: GWOT Support Assignment  
GTA: graphic training aid  
GTO: girls' time out  
GTP: guanine triphosphate  
GWOT: global war on terror

## H

HA: humanitarian assistance  
hemcon: hemorrhage control  
HI: homicidal ideation  
HIPAA: Health Insurance Portability and Accountability Act  
HIV/AIDS: human immunodeficiency virus/acquired immunodeficiency syndrome  
HMMWV: high mobility multipurpose wheeled vehicle  
HOPE: Health Opportunities for People Everywhere  
HOSP: hospital  
HPA: hypothalamic-pituitary-adrenocortical  
HPI: history of present illness  
HRA: Health Risk Appraisal  
HS: hour of sleep (at bedtime)

## I

IA: individual augmentation  
IBTC: installation biochemical testing coordinator  
ICD-10: *International Classification of Diseases*, 10th edition  
ICD-9: *International Classification of Diseases*, 9th edition  
ICD-9-CM: *International Classification of Diseases*, 9th edition, clinical modification  
ICP: intracranial pressure  
ICRC: International Committee of the Red Cross  
ICU: intensive care unit  
ICW: intermediate care ward

ID: Infantry Division  
 IDF: Israeli Defence Forces  
 IDP: internally displaced person  
 IED: improvised explosive device  
 IMA: installation management activity  
 IMCOM: Installation Management Command  
 IOM: Institute of Medicine  
 IPT: interpersonal therapy  
 IRT: imagery rehearsal therapy  
 ISAF: International Security Assistance Force  
 ISP: inpatient service provider  
 ITO: in the theater of operations

**J**

JAG: Judge Advocate General  
 JFHQ: Joint Forces Headquarters  
 JIDC: Joint Interrogation Debriefing Center  
 JLIST: Joint Service Integrated Suit Technology  
 JPTA: Joint Patient Tracking Application

**K**

KCMHR: King's Centre for Military Health Research  
 KIA: killed in action  
 KO teams: hospital augmentation detachments

**L**

LINN: Living in the New Normal  
 LMF: lack of moral fiber  
 LO: liaison office  
 LOC: loss of consciousness  
 LOD: line-of-duty  
 LRMC: Landstuhl Regional Medical Center  
 LSA: logistic support area  
 LSD: lysergic acid diethylamide

**M**

MACE: Military Acute Concussion Evaluation  
 MATC: Military Advanced Training Center  
 MCEC: Military Child Education Coalition  
 MCE: mass casualty event  
 MCV: mean corpuscular volume  
 MDNOS: mood disorder not otherwise specified  
 MEB: medical evaluation board  
 MED: medical  
 MEDCAP: medical civic action program  
 MEDCMO: medical civil-military operations  
 MEDCOM: Medical Command  
 MEDDAC: Medical Department Activity  
 MEDEVAC: medical evacuation  
 MEF: marine expeditionary force  
 MEPS: Military Entrance Processing Station  
 METT-TC: mission, enemy, terrain and weather, troops and support available, time available, and civil considerations  
 MFLC: Military Family Life Consultant  
 MHAT: Mental Health Advisory Team  
 MHCS: Mental Health Consultation Service  
 MHCTO: Mental Health Casualty Tracker for OIF  
 Mil: military  
 MIRECC: Mental Illness Research, Education, and Clinic Center  
 MMB: multifunctional medical brigade  
 MNC-I: Multi-National Corps–Iraq  
 MNF-I: Multi-National Force–Iraq  
 MOA: memorandum of agreement  
 MOD: Ministry of Defence  
 MOPP: mission-oriented protective posture

MOS: military occupational specialty  
 MP: military police  
 MRE: meal, ready-to-eat  
 MRE: military rules of evidence  
 MRI: medical reengineering initiative  
 MRI: magnetic resonance imaging  
 MRO: medical review officer  
 MS: multiple sclerosis  
 MSB: main support battalion  
 MSE: mental status evaluation  
 mTBI: mild traumatic brain injury  
 MTD: Medical Transient Detachment  
 MTF: medical treatment facility  
 MTOE: modified Table of Organization and Equipment  
 MUPS: medically unexplained physical symptoms  
 MWR: Morale, Welfare and Recreation

**N**

NATO: North Atlantic Treaty Organization  
 NBC: nuclear, biological, and chemical  
 NBCOT: National Board for Certification in Occupational Therapy  
 NCA: National Capital Area  
 NCO: noncommissioned officer  
 NCOER: noncommissioned officer evaluation report  
 NCOIC: noncommissioned officer in charge  
 NCPTSD: National Center for PTSD  
 NE: norepinephrine  
 NES: night-eating syndrome  
 NGB: National Guard Bureau  
 NGFβ: nerve growth factor β  
 NGO: nongovernmental organization  
 NMDA: N-methyl-D-aspartic acid  
 NNMC: National Naval Medical Center  
 NPDB: National Practitioner Data Bank  
 NPSP: New Parent Support Program  
 NPY: neuropeptide Y  
 NSAID: nonsteroidal antiinflammatory drug  
 NVA: North Vietnamese Army  
 NVVRS: National Vietnam Veterans Readjustment Study  
 NYDN: not yet diagnosed neurological

**O**

OCCH: Office of the Chief of Chaplains  
 OCD: obsessive-compulsive disorder  
 OCONUS: outside the continental United States  
 ODS/S: Operation Desert Shield/Storm  
 OEF: Operation Enduring Freedom  
 OER: officer evaluation report  
 OIF: Operation Iraqi Freedom  
 OIF 05-07: Operation Iraqi Freedom 05-07  
 OIF I: Operation Iraqi Freedom One  
 OIF-II: Operation Iraqi Freedom Two  
 OIH: opioid-induced hyperalgesia  
 OMUS: outbreak of multiple unexplained symptoms  
 ONE: Operation Noble Eagle  
 OPNAVIST: Operational Navy Instruction  
 OPTempo: operations tempo  
 OR: operating room  
 OSCAR: Operational Stress Control and Readiness  
 OT: occupational therapy  
 OTA: occupational therapy assistant  
 OTSG: Office of The Surgeon General  
 OUA: Operation Unified Assistance

**P**

P-U-L-H-E-S: profile serial system

PAM: Pamphlet  
PAO: public affairs office/officer  
PA: physician assistant  
PASBA: Patient Administration Systems and Biostatistics Activity  
PC: psychological casualty  
PCA: patient-controlled analgesia  
PCLS: Psychiatry Consultation Liaison Service  
PCM: primary care management  
PCOS: postcombat and operational stress  
PDHA: Post-Deployment Health Assessment  
PDHA: predeployment health assessment  
PDHRA: Post-Deployment Health Re-Assessment  
PDPA: People's Democratic Party of Afghanistan  
PE: prolonged exposure  
PET: positron emission tomography  
PFA: psychological first aid  
PFA: personal fitness assessment  
PGA-CI: Parent Guidance Assessment-Combat Injured  
PGD: prolonged grief disorder  
PH: psychological health  
PHC(P): Public Health Command (Provisional)  
PHI: protected health information  
PICK: Premarital Interpersonal Choices and Knowledge  
PKC: protein kinase C  
PMCS: Preventative Maintenance Checks and Services  
PMD: psychiatric mental disorder  
PMDD: premenstrual dysphoric disorder  
PMP: Preventive Medical Psychiatry  
PMR: Patient Movement Record, Patient Movement Requirement, or Patient Movement Request  
po: per os (by mouth, orally)  
POC: point of contact  
POPM: Proponency of Preventive Medicine  
POW: prisoner of war  
PROFIS: Professional Officer Filler Information System  
ProQOL: Professional Quality of Life Scale  
PRT: provider resiliency training  
PSA: prostate-specific antigen  
PSP: patient support pallet  
PsySTART: psychological simple triage and rapid treatment  
PT: physical training  
PTA: posttraumatic amnesia  
PTE: potentially traumatic event  
PTG: posttraumatic growth  
PTSD: posttraumatic stress disorder  
PTSS: posttraumatic stress symptoms

## Q

q: quodque (every)  
QPR: Question, Persuade, Refer

## R

R&R: rest and recuperation  
RAF: Royal Air Force  
RANKL: receptor activator of nuclear factor- $\kappa$ B ligand  
RASS: Richmond Agitation-Sedation Score  
RCS: Readjustment Counseling Service  
RCT: randomized controlled trial  
REM: rapid eye movement  
RFO: request for orders  
RGA: retrograde amnesia  
RMC: regional medical center  
RNAi: antisense ribonucleic acid  
ROE: rules of engagement  
RRC: Regional Readiness Command  
RRC: residency review committee

RTD: return to duty  
RTU: return to unit

## S

S-3: operations officer  
SA: substance abuse  
SAC: Soldier Assistance Center  
SAC: Standardized Assessment of Concussion  
SAFAC: Soldier and Family Assistance Center  
SAMHSA: Substance Abuse and Mental Health Services Administration  
SARS: severe acute respiratory syndrome  
SAV: staff assistance visit  
SDH: subdural hemorrhage  
SDQ: Strengths and Difficulties Questionnaire  
SERE: Survival, Evasion, Resistance, and Escape  
SeRV-MH: Services for Returning Veterans-Mental Health  
SFLC: Soldier and Family Life Consultants  
SI: suicidal ideation  
SIC: stress injury continuum  
SIR: serious incident report  
SIT: stress inoculation training  
SITREP: situation report  
SME: subject matter expert  
SM: service member  
SNP: single-nucleotide polymorphism  
SNRI: serotonin-norepinephrine reuptake inhibitor  
SNS: sympathetic nervous system  
SOP: standard operating procedure  
SPPM: suicide prevention program manager  
SPRINT: Special Psychiatric Rapid Intervention Team  
SPSS: Statistical Package for the Social Sciences (version 16, SPSS Inc, Chicago, IL)  
SRMSO: Suicide Risk Management and Surveillance Office  
sRNA: small ribonucleic acid molecules  
SRP: Soldier Readiness Program  
SSRI: selective serotonin reuptake inhibitor  
STOAL: short take off and landing  
SWAPP: Soldier Wellness Assessment Pilot Program  
SWEP: Solomon Wellness Educational Program  
SWET: sewer, water, electricity, and trash

## T

TAI: traumatic axonal injury  
TAMC: Tripler Army Medical Center  
TAPS: Tragedy Assistance Program for Survivors  
TBI: traumatic brain injury  
TCA: tricyclic antidepressant  
TEM: traumatic event management  
TF 30 Med: Task Force 30th Medical Brigade  
THR: target heart rate  
TIF: tertiary internment facility or theater internment facility  
TIPPS: Therapeutic Intervention for the Prevention of Psychiatric Stress  
TMD: temporomandibular dysfunction  
TMI: Three Mile Island  
TMIP: theater medical information program  
TOE: Table of Organization and Equipment  
TRAC2ES: TRANSCOM Regulating and Command and Control Evacuation System  
TRANSCOM: Transportation Command  
TRiM: Trauma Risk Management  
TSG: The Surgeon General  
TSH: thyroid-stimulating hormone  
TTY: text telephone  
TWA: Trans World Airlines

## U

UBHNA: Unit Behavioral Health Needs Assessment  
UCMJ: Uniform Code of Military Justice  
UK: United Kingdom  
UMT: unit ministry team  
UN: United Nations  
UNHCR: UN High Commissioner for Refugees  
UNICEF: United Nations Children’s Fund  
USAID: US Agency for International Development  
USAMEDCOMV: US Army Medical Command Vietnam  
USAR: US Army Reserves  
USAREUR: US Army, Europe  
USARV: US Army Republic of Vietnam  
USDOT: US Department of Transportation  
USMACV: United States Military Assistance Command, Vietnam  
USPHS: US Public Health Service  
USUHS: Uniformed Services University of the Health Sciences

## V

VA: Veterans Affairs  
VA: Veterans’ Administration (pre-1980 name)  
VAS: verbal or visual (or both) analogue scales  
VBA: Veterans Benefits Administration  
VBIED: vehicle-borne improvised explosive device  
VCSA: vice chief of staff for the Army  
VHA: Veterans Health Administration  
VTC: video teleconference

## W

w/: with  
w/o: without  
WHO: World Health Organization  
WHO-EURO: World Health Organization Regional Office for Europe  
WIA: wounded in action  
WICS: wisdom, intelligence, and creativity, synthesized  
WRAIR: Walter Reed Army Institute of Research  
WRAMC: Walter Reed Army Medical Center  
WTC: World Trade Center  
WTP: Warrior Transition Program  
WTRP: Warrior Training and Rehabilitation Program  
WTU: warrior transition unit

